

Review of Diagnostic and Statistical Manual of Mental Disorders (DSM -5)

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The Diagnostic and Statistical Manual of Mental Disorders – often referred to as the DSM – is known with the title of Diagnostic Bible for Mental Health Professionals. In the United States the DSM serves as a universal authority for psychiatric diagnosis. The first version of DSM was published in 1952, since that time it has undergone several revisions, with the most recent edition – DSM- - published in May 18, 2013, superseding the DSM-IV-TR published in 2000. The DSM includes all information related to every psychiatric disorder, specific criteria required for a diagnosis, as well as a comprehensive overview of each disorder. In every revision, the target was to organize and classify the disorder based on recent research findings, incorporating the input of experts of different professionals such as psychiatrists, psychologists, neurologists, pediatricians and social workers.

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