

## **Problems Faced by International Students during Study Period**

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International students not only have to follow new cultural norms and make adjustments with a different life style, but also have a burden of their academic assignments to be completed in a new academic environment and by adopting new study habits. International students face adjustment problems while experiencing changes in cultural habits, language, environmental surroundings etc. Academic sojourners who are culturally well adjusted can easily cope with these challenges in their crosscultural experiences. This study was intended to explore problems that international students face during their study period in a foreign country. The sample consisted of 116 international students randomly selected from two universities: International Islamic University Islamabad and National University of Modern Languages. Data was collected through a questionnaire consisted of 22 questions regarding various problems that international students may encounter during their stay in a foreign country. Some major problems included language barrier, food adjustment and lack of acknowledgment of cultural diversity in classroom.

*Key words:* International students, Adjustment problems, Cultural diversity, Language barrier.

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